

June 25 – August 3, 2018 Team Training



Dylan Weis

Monday/Wednesday
7:00-8:00 a.m.



Amy Kessler

Tuesday/Thursday
5:30-6:30 a.m.



Brock Moore

Tuesday/Thursday
5:00-6:00 p.m.



Josh Watson

Monday/Wednesday
9:00-10:00 a.m.



Aaron Santos

Tuesday/Thursday
6:30-7:30 a.m.



Jessica Ervin

Monday/Friday
6:00-7:00 a.m.

Team Training Information:

- You must sign up for entire 6 weeks to guarantee your spot in team training.
- No refunds, cancellations or proration
- Drop-ins are welcome if space is available.
- All sessions must be paid for on or before the day of training

Each team meets with the personal trainer of their choice twice per week for **6 weeks***. Each session lasts for 60 minutes and will meet on the track.

For more information and pricing, contact Kristina Simone, Fitness Operations Manager at 847.535.7038 or kwrezel@nm.org.

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